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## Abstract

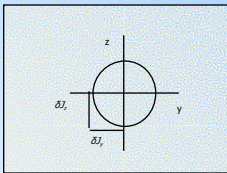
Mapping of a squeezed state of light onto an ensemble of about  $10^9$  cold Cs atoms confined in a MOT, by means of complete absorption of a resonant beam, was reported in 1999<sup>(1)</sup>. In 2000 a highly squeezed spin state was created in a cell of room-temperature Cs atoms by a non-demolition measurement<sup>(2)</sup>. In this project we are going to create a long-lived spin squeezed state in a cloud of cold  $^{87}\text{Rb}$  atoms via off-resonant light-atom interaction and a projective measurement<sup>(3)</sup>. First the atoms will be confined and cooled down to  $\mu\text{K}$  temperatures in a MOT. Then they will be loaded into a far-off-resonant optical dipole trap and pumped to a coherent spin state. Spin-squeezing will be achieved by measurement of polarisation of a probe pulse prepared in a coherent polarisation state and sent through the atoms.

## Spin squeezing

Heisenberg uncertainty relation for spin

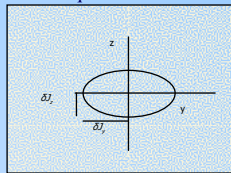
$$\delta J_y^2 \delta J_z^2 \geq \frac{1}{4} \langle J_x \rangle^2$$

Coherent state



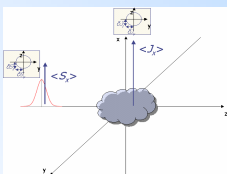
$$\delta J_z = \delta J_y$$

Squeezed state

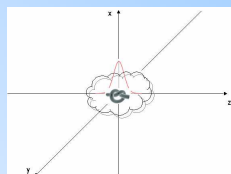


$$\delta J_z < \delta J_y \text{ (or } \delta J_y < \delta J_z \text{)}$$

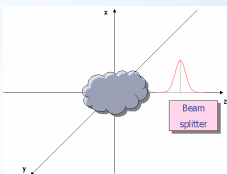
## Experiment



A coherent spin state is prepared in an optically dense cloud of  $10^8$  cold  $^{87}\text{Rb}$  atoms by means of optical pumping.



Then a pulse of light in a coherent polarisation state is sent. As a result of mutual interaction atoms and light become entangled.



A non-demolition polarisation measurement performed on the light pulse squeezes the atomic spin.

$$S_y^{\text{out}} = S_y^{\text{in}} + \kappa J_z, \quad \kappa = \kappa(J_x)$$

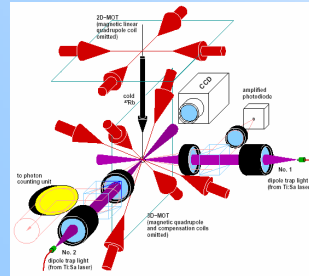
$$S_z^{\text{out}} = S_z^{\text{in}}$$

$$J_y^{\text{out}} = J_y^{\text{in}} + k S_z, \quad k = k(J_x)$$

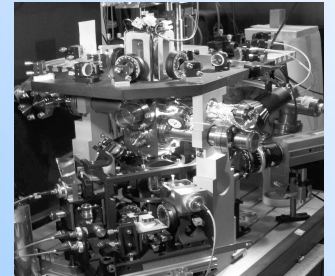
$$J_z^{\text{out}} = J_z^{\text{in}}$$

## Cooling and trapping

### Magneto-optical trap



First, the atoms are pre-cooled and confined to the axis of the upper 2-dimensional MOT stage. The 2-D MOT acts as a filter allowing only slow atoms to move through a differential pumping stage to the lower 3-dimensional MOT stage (black arrow). There the atoms are captured and cooled in all 3 spatial directions.



MOT parameters:

- 2D –  $10^{-8}$  mbar
- 3D –  $10^{-11}$  mbar
- $N \approx 10^8$   $^{87}\text{Rb}$
- $n \approx 10^{10} \text{ cm}^{-3}$
- $r \approx 1 \text{ mm}$
- $T \approx 50 \mu\text{K}$

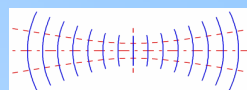
### Optical dipole trap

After cooling, the MOT is switched off and the atoms are transferred to an optical dipole trap. Our far off-resonant laser will ensure a long coherence time of the atomic spins. Its high power will supply a sufficient force to effectively trap the atoms.

$$\vec{F}(r) \propto -\frac{\vec{\nabla}I(r)}{\Delta}$$

Dipole trap parameters:

- Yb:YAG
- 1030 nm, far off-resonant, no scatter losses
- 20 W CW, single-mode
- $U \approx 1 \text{ mK}$  (trap depth)
- $T \approx 100 \mu\text{K}$



## Applications

- Continuous variables quantum information processing
- Higher resolution atomic clocks
- High precision magnetometry

## References

1. J. Hald, J. L. Sørensen, C. Schori, E. S. Polzik, Phys. Rev. Lett. **83**, 1319 (1999).
2. A. Kuzmich, L. Mandel, N. P. Bigelow, Phys. Rev. Lett. **85**, 1594 (2000).
3. A. Kuzmich, E. S. Polzik, in *Quantum information with continuous variables*, S. L. Braunstein, A. K. Pati, (Eds.), Kluwer Academic Publishers, (2003).